

# Boardwalk Run & Fun Walk

FRIDAY, NOV. 9, 2018 | 9 A.M. | RUN AND WALK

Clip, complete and mail to:

**NJEA Boardwalk Run**

c/o Beneficial Bank  
PO Box 13661  
Philadelphia, PA 19101-3661

**Deadline for pre-entries Oct. 26**

Make checks payable to "NJEA"

Name \_\_\_\_\_ Age \_\_\_\_\_  
(as of 11/9/2018)

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Local Association \_\_\_\_\_

Phone # \_\_\_\_\_ County \_\_\_\_\_

Email \_\_\_\_\_

Shirt size (Circle):    XXL   XL   L   M

This entry is for:

Please choose one:    NJEA Member    Non-member   |    Female    Male   |    Run    Walk

Pre-entry runners may pick up their numbers—and post-entry competitors may register for the race—at special Race Booth in the Convention Center on Thursday, Nov. 8 all day or at Registration Table at Boardwalk Convention Hall lobby at 8 a.m. on Friday, Nov. 9. Registration for the 5,000-meter Run closes at 8:30 a.m. on Friday Nov. 9. Shirts must be picked up prior to the race or after the race on Friday, Nov. 9.

In consideration for accepting my entry, I, for myself, my heirs, and administrators, waive and release forever any and all rights and claims for damages I may have against NJEA, its agents and employees, the City of Atlantic City, and any and all participating sponsors and supporters. I also release the above named for all claims of damages, demands, and actions in any actions in any manner due to any personal injuries, property damage, or death sustained as a result of my traveling to and from and my participation in said race. I attest and certify that I am physically fit and have sufficiently trained for the completion of this event. Further, I hereby grant full permission to any and all of the foregoing to use my likeness for any purpose whatsoever.

Signature \_\_\_\_\_ Date \_\_\_\_\_

Parent's signature (if under age 18) \_\_\_\_\_ Date \_\_\_\_\_

FOR NJEA USE ONLY     Cash     Check     Number

## Stretch Your PD:

Meet for a pre-run stretch, learn techniques to use back at school and earn PD credit. See "Dynamic Warm Ups for Injury Prevention" on Page 36 for details.

## 40th Annual George M. Adams

5,000-meter race (3.1 miles)  
USATF sanctioned

Course: Traffic-free scenic boardwalk in front of Atlantic City Convention Hall

First NJEA male and first NJEA female runner will receive awards.

Please pick up number on Thursday, if possible, at the Boardwalk Run Booth in the Atrium.

## Age group awards to top three in these categories (male and female):

- Junior up to age 19
- Age 20-29
- Age 30-39
- Age 40-49
- Age 50-59
- Age 60-69
- Age 70-79
- Age 80+

## Entry Fees:

- \$25 Pre-entry includes running shirt
- \$15 No T-shirt
- \$30 Thursday & Friday (includes shirt)

